

The Cambridge Branch is run by a group of volunteers with personal or family experience of autism, with support from the National Autistic Society. Our current branch activities include:

- offering information and signposting through our website, facebook page & group, and email
- a social club for autistic adults
- a carers support group
- one-off events
- working with statutory and other voluntary agencies to help improve services for children and adults with autism across the county



For more information and to contact us:



www.nascambridge.org.uk



cambridge.branch@nas.org.uk



[@CambridgeNAS \(page/group\)](#)

We are a branch of the National Autistic Society
Charity No: 269425/SC039427
Company No: 1205298



The Cambridge Branch of the National Autistic Society provides support through our regular social club and carers group, and by offering information and signposting to autistic people of all ages and their families and carers in the Cambridgeshire area.

NAS Carers Support Group

Our monthly carers support group is a great chance to meet other parents and carers facing similar challenges, swap ideas, and find out about support and activities in the local area. Anyone caring for an autistic child or adult is very welcome to attend any of the meetings. Refreshments provided.



The group usually runs at **7.30-9.00pm** on the first Tuesday of each month at the Orchard Park Community Centre in Cambridge.

Please check our website for directions and upcoming dates:
www.nascambridge.org.uk



NAS Adults Social Club



If you want to meet and socialise with other autistic adults who may have shared interests with you, just come along. There is no upper age limit for this group, all adults 18+ are welcome, and carers are also welcome if you would like to have someone with you.

We have board games, puzzles, craft activities, Nintendo gaming and space to chill and chat over tea & biscuits.

The club usually meets on the 2nd and 4th Sundays of each month from **7.30-9.30pm** at Chesterton Methodist Church in Cambridge.

Please check our website for directions and upcoming dates:
www.nascambridge.org.uk

Volunteer with Us

The branch is managed and run by volunteers. If you would like to get involved in our work you would be very welcome to join us!

Volunteers can join our committee, help run activities or fundraise for the branch.



Support Us

We rely entirely on donations and fundraising to run our activities. If you would like to support our work, please contact the branch if you would like to hold a fundraising event or you can donate through our just giving page:



www.justgiving.com/fundraising/NAS-Cambridge

