



Come and join us at the Asda Community Room for NEW Social Befriending group for adults with autism and their families and carers

The NAS are coming to Peterborough with a new social befriending group for autistic adults and anybody you wish to bring along for support. The sessions will provide information and advice for you as well as a place for you to meet, socialise and exchange ideas.

The sessions are free, bookings are not required. Please come along and share your experiences, interests and concerns.

The first half of the sessions will follow a format of friendly conversation and an overview of NAS services. During the second half, we will be available to organise, manage and play various board games, which you are welcome to join in with or just relax in our company.

There will be time at the end of each session for any support needed from the NAS Peterborough. We will show you the site and help you feel welcome. Refreshments provided. The room and toilets are situated on the first floor next to the cafe with stair and lift access to the room. (The dates below are all Fridays)

DATES FOR 2018: 7th Dec

DATES FOR 2019: 4th Jan, 1st Feb, 1st March, 5th April,

3rd May, 7th June, 5th July, 2nd August

Time: 12-2pm

Venue: Asda Community Room, Asda Superstore West Rivergate Shopping Centre Peterborough PE1 1ET

Car parking is available on site with car parking passes which are provided in the room. The Asda community room is in the centre of Peterborough, 10 minute walk from Peterborough train station, with many buses available from Queensgate bus station to Asda superstore. It is sited on Viersen Platz just off Bourges Boulevard northbound (A15) in Peterborough city centre

FOR FURTHER INFORMATION PLEASE CONTACT NAS PETERBOROUGH BRANCH ON

EMAIL: Peterborough@nas.org.uk

WEB: naspeterborough.webeden.co.uk